




VARICOSE VEINS SERVICES AT ROC

- ? Ever wondered what to do about the unsightly veins in your legs?
- ? Ever wondered how easy or how difficult it is to have the varicose veins treated?
- ? Ever wondered where to go and how to choose between all the treatments available?

**ROC Private Clinic only works with Top Clinicians who are at the forefront of their field.
We want to match the right treatment to your needs.**

We Will Deliver the Best for You!

-  The Best Outcome for Our Patients
-  The Least Pain and Discomfort
-  The Fastest Recovery

WHAT IS THE VARICOSE VEINS SERVICE AT ROC?

- ✓ Expert Service
- ✓ No nursing or other substitute assessment: only Top Doctors from start to finish
- ✓ Only the Best Treatments
- ✓ Follow up Included

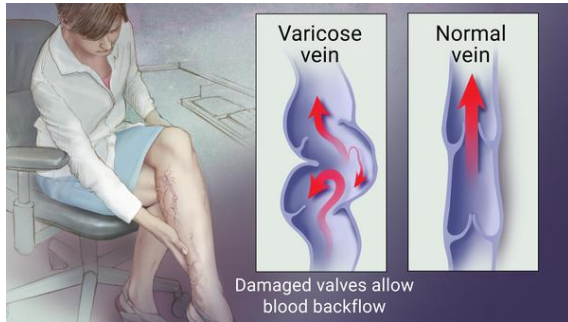


Mr Paul Bachoo is a Consultant Vascular Surgeon at Aberdeen Royal Infirmary and he delivers the Varicose Veins Service at ROC

Over the years, he has shaped the delivery of vascular services in the North-East Scotland and has been an avid researcher in his determination to do good and do better for his patients.

He is the only surgeon in NE Scotland trained in the treatments we offer at ROC.

What are Varicose Veins



Varicose veins are unsightly, can be painful and may lead to leg swelling and skin changes. Although a benign condition the symptoms tend to be lifelong.

Varicose veins are knobby, enlarged veins that most commonly occur in legs and feet. When a vein becomes varicose, the valves that prevent the blood flowing backwards are not working any more.

The cause of varicose veins is complex.

Assessment at ROC

Your first appointment at ROC will last 45-60 minutes and is undertaken by Mr Paul Bachoo.

During this first appointment, a history of your condition together with examination of both legs is undertaken. Mr Bachoo will then proceed with scanning the vessels of both your legs with an ultrasound machine. He will be able to relate your symptoms with the scan findings and then discuss your treatment options in detail.

If you wish to proceed with the treatment suggested, this will be planned for you. We carry out the procedures on a Monday. The treatment is carried out by Mr Paul Bachoo with the support of a nurse. Both treatments we provide are carried out under ultrasound guidance.

We will follow you up with a telephone call one month after the procedure and you are also offered a free three month follow up with Mr Paul Bachoo.

Treatments at ROC

The aim of varicose veins treatment is to seal the affected vein. By closing it, the vein shrinks, the appearance improves and associated symptoms such as pain, discomfort, swelling disappear.

Nowadays all treatments are walk-in-walk-out minimally invasive treatments. However, some varicose vein treatments are associated with pain, bruising, some require multiple anesthetic injections.

At ROC we offer a full range of treatments but we specialize in innovative minimally invasive techniques like Clarivein and Variclose.



Patient Information Leaflet 2017

CLARIVEIN TREATMENT

ClariVein® is a revolutionary procedure which treats the cause of varicose veins, more quickly and simply than traditional procedures. The ClariVein® treatment only requires one single injection site, allowing for a virtually pain free experience with minimal bruising and lasting results.

- ✓ Multiple injections are no longer needed
- ✓ Less bruising than any other procedure
- ✓ Results are visible almost immediately
- ✓ You can return to your activities the same day
- ✓ No risk of nerve damage or burns, risk that is present with radio-ablation or laser procedures

Clarivein treatment uses rotating movements and spraying of a substance via a catheter introduced in the vein. The catheter is introduced under ultrasound guidance. For a video of this treatment please visit this short video on youtube.com [Clarivein Treatment](#)

The treatment is administered by the doctor with the help of a nurse. The total procedure time is 30 minutes / leg, although you may be expected to be at the clinic for 1 hour. Both legs can be treated at the same appointment, although the appointment time will double. You will be able to drive following the procedure.

VARICLOSE TREATMENT

Biolas VariClose® is a minimally invasive procedure that treats the veins simply, quickly without the secondary effects of traditional techniques. Same as with Clarivein, treatment requires one single injection site, and the treatment is smooth with long lasting results.

VariClose® vein sealing system combines a simple procedure technique with an efficient ablation method. The catheter is introduced under ultrasound guidance. For a video of this treatment please visit this short video on youtube.com [Variclose Biolas Treatment](#)



Fees

The following Fees apply to self- payers only.

- First Consultation up to 45 – 60 minutes, inclusive of Ultrasound of venous system of both legs £350.00
- Clarivein Procedure, inclusive of follow up at 3 and 6 months £2,200.00/ leg procedure
- Variclose Procedure, inclusive of follow up at 3 and 6 months £2,200.00/ leg procedure

We politely ask that payment is settled at the end of the appointment.

Insured Patients

The consultations and procedures may be covered by some insurers and insurers will be billed in line with our existing agreements.

Insured patients will be asked to complete a form on attendance and undertake to pay any deductibles that may be applicable. Pre-authorisations details are required before the appointment.



We look forward hearing from you soon!

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